

7 POINTERS FOR PARENTS[®] to Help Your Kid Deal with a Mean Kid

1. Their hearts hurt.
Happy hearts don't hurt others!
2. There's no such thing as a bad kid.
It's usually just their behavior that's "bad." Remember Number 1!
3. Mistakes become lessons that help us learn.
We all make mistakes.
We are always learning so we must always be kind.
4. We are all naughty and nice.
No one is perfect! Remember Number 3!
5. Mad is Sad's bodyguard.
People often act not nice when they are hurt or sad.
6. *Trash the Trash Talk.*
Parents! Just be there and be fair! Listen and lead with love.
7. Don't be the victim.
Go from Hurt to Helper!

How do you Go from Hurt to Helper?

Reach out to the kids who are hurting.

Ask, "Why are you being so mean?"

"Is everything OK?"

"Can I help you with something?"

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